

AYURVEDIC MASSAGE & ADVANCED HANDS-ON TECHNIQUES

with **Sonia Elisa Masocco**

July 9 – 15, 2010



Having studied a multitude of disciplines in subtle energy and energy medicine, **Sonia Elisa Masocco** specializes in and practices integrated 'clinical' aromatherapy and lymphatic drainage therapy (LDT). An ITEC qualified practitioner in Aromatherapy and Reflexology as well as Massage Therapy, she enhanced her specific aromatic studies with Michael Scholes and French Dr. Philippe Goeb. After over 10 years in Asia, she is currently based in Albuquerque. She is a graduate of the Ayurvedic Studies Program and has studied with Vasant Lad in India as well. She can be reached at smasocco@ayurveda.com.

FREE Friday evening lecture.

Call (505) 291-9698
for more information or visit
us at www.ayurveda.com



The
Ayurvedic
Institute

11311 Menaul Blvd NE • Albuquerque, NM

LEARN AYURVEDIC MARMA MASSAGE AS practiced in India. Deepen your knowledge of Ayurvedic medicated preparations and their uses. Practice shirodhara with milk and decoctions; practice pinda sveda, application of lepa and kati basti. Learn how to do an Ayurvedic facial assessment and the steps of the facial flow.

This is a great seminar for bodyworkers and practitioners who want to learn Ayurvedic techniques. Come learn the fundamental techniques as practiced in India. Students are expected to have a fundamental knowledge of Ayurveda and bodywork experience.

Students will be practicing these techniques on each other. Swimwear is required; two-piece suits for women. The Institute provides towels, sheets and all other materials necessary for this training.

WEEKLONG SCHEDULE

Friday 7 – 9 PM

Saturday through Thursday

10 AM – 1 PM and 3 – 6 PM

PRICING

\$625.50 Members, seniors and graduates

\$695 Standard enrollment

Continuing Education Units (CEU) are approved for Cosmetologists (38) and pending approval for Acupuncturists/DOM (32 PDA).