DRAWING FROM DECADES of clinical and academic experience, Vasant Lad, BAM&S, MASc, Ayurvedic Physician, will introduce the structure, function, and significance of ambu vaha srotas, the water-regulating channel, and guide you through an Ayurvedic clinical assessment of this important channel of the body.

Disorders like dehydration, edema, excessive urination, and glaucoma are all indications that the function of ambu vaha srotas is being affected by one’s diet, lifestyle, environment, or other factors.

From the comfort of home, you will have a bird’s eye view of Vasant Lad conducting a traditional Ayurvedic assessment on a client, visually and verbally guiding you through the process in a highly informative yet approachable style of teaching. You will also have the opportunity to submit questions about the topic to Vasant Lad.

As time permits, he will answer some of these inquiries during the course of the webinar. Due to the high volume of questions received, we ask that each participant limit their questions to one per session.

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