

# Panchakarma Fee Schedule



Effective for all therapies, etc. beginning January 1, 2018

## Panchakarma Treatments

	<u>Fee</u>
• Five-Day Treatment Program <sup>(1)</sup>	\$ 2,690.00
• A Taste of PK (One-Day Panchakarma Sampler) <sup>(2)</sup> ( <i>space available only</i> )	\$ 415.00 per day
• Deposit (due at time appointment is scheduled)	\$ 1,345.00
• Therapeutic Massage, Color Therapy, Cranial Sacral	\$ 86.00 each
• Shirodhara Treatment	\$ 76.00
• Netra Basti	\$ 67.00 each
• Specialized Basti Therapies (single)	\$ 76.00 each
• Consultation	\$ 95.00 each
• Ayurvedic Massage (one therapist)	\$ 95.00
• Ayurvedic Massage (two therapist)	\$ 160.00

<sup>(1)</sup> Includes: Ayurvedic consultations, daily treatments of approximately two hours, one chromo therapy session, PK Yoga sessions as scheduled, special PK diet and a personalized health and wellness lifestyle plan. Does not include additional products, herbal remedies and other services.

<sup>(2)</sup> Includes one Ayurvedic consultation, special PK diet, a one-day panchakarma treatment (abhyanga, steam, shirodhara), and a personalized health and wellness lifestyle plan. Does not include additional therapies, yoga practice, products, herbal remedies, or other services.

## Housing

### Ayurvedic Institute PK Houses

- Single occupancy, shared bathroom \$ 64.00 per night
- Single occupancy (master bedroom w/ private bathroom) \$ 74.00 per night
- Double occupancy (master bedroom w/ private bathroom) \$ 89.00 per night

## Yoga Fees

- PK Ayur-Yoga classes as scheduled No Charge
- Private Yoga Instruction, charged in ¼ hour increments \$ 85.00 per hour
- Plus any charges for yoga documents

## Terms & Conditions

- A deposit is due at the time your PK appointment is scheduled.
- Your deposit is refundable only when notice of cancellation is given at least four (4) weeks prior to the first day of your scheduled panchakarma program. If notice is given less than four (4) weeks before your scheduled program, the deposit will be retained by the Ayurvedic Institute.
- Your deposit is not refundable if you have not returned the necessary documents within the four (4) week deadline and we determine that panchakarma is contraindicated (not advised) for you.
- Payment may be made by MasterCard, Visa, or by personal check if your scheduled appointment is more than a month away.
- Checks must be received one month prior to your appointment date to allow time for the check to clear.
- If your appointment is less than one month away, the deposit must be made by credit card.
- The balance of your PK bill is due by 3 PM on Friday, or your last day of PK, whichever comes first. We accept MC/Visa, cash and personal checks drawn on U.S. banks only.
- If you are coming from another country, please plan on paying with U.S. currency or a bank draft from a U.S. bank.
- There may be charges for additional herbs, products or services.
- The Ayurvedic Institute does not accept health insurance.
- **NOTE:** Please do not make your travel arrangements until you have received definite confirmation of your panchakarma program appointment date.

**Senior Discount:** 10% discount for seniors age 60 and older (does not apply to housing)

**Gratuities:** Sometimes people ask us if gratuities are appropriate. Gratuities are not expected or necessary, but are always appreciated. Please see the PK receptionist if you are so inclined.